

# Summer Holidays!

Here are some fun ideas to keep you busy.

As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)

## Week 1

- 1) Choose your favourite story, perhaps Goldilocks and the 3 Bears or Red Riding Hood. Use dough to make models of the characters - either playdough, or normal cooking dough, and act out the story. If you can make salt dough, then you can leave the models to dry and can paint them or colour them in with felt tips. If you cannot make dough, you could draw the characters on paper and cut them out.

Salt dough:

- 1 cup of plain flour (around 250g)
- Half a cup of table salt (around 125g)
- Half a cup of water (around 125mls)

Mix together in a bowl until it makes a dough

Playdough:

- 8 tbsp plain flour
- 2tbsp table salt
- 60mls warm water
- Food colouring (available on Amazon for £2 per colour)
- 1 tbsp vegetable oil

Mix together in a bowl. Store in an air tight container or freezer bag.

- 2) Go on a number hunt. Take paper and a pen with you on a walk and write down all of the numbers that you see. Look on people's front doors, road signs, buses, car licence plates or taxi numbers, shop windows etc.

# Summer Holidays!

Here are some fun ideas to keep you busy.

As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)

## Week 2

1) Teddy bear hospital. Your teddies are poorly and injured and need your help.

- Use toilet roll for bandages
- Use cotton wool and a little water to clean any teddy bear cuts.
- Make a stethoscope to check your teddy's heartbeat. You need 2 pieces of string and a yoghurt pot (or a paper circle). Tie a loop in both ends of one of the pieces of string. These go around your ears. Tie the other piece of string in the middle so it hangs under your chin. Stick the yoghurt pot or paper circle at the bottom to finish your stethoscope.
- Use a pad of paper and pencil to write prescriptions for any teddies who need medicine.
- Use a lolly stick as a thermometer to check your teddy's temperature.
- Use blankets to tuck your teddies in so that they can rest while they get better.

2) Make your own puzzles.

- Draw a beautiful picture on a piece of plain paper. Make sure that the whole page is covered and coloured in.
- If you have some, you could glue your picture to a piece of cardboard, like a cereal box to make it stiffer.
- Cut your jigsaw into pieces - you can cut them into any shape that you want.
- Mix the pieces up and try to make it again.



## Summer Holidays!

Here are some fun ideas to keep you busy.

As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)

### Week 3

#### 1) Super hero day

- Make a superhero mask and cuffs. Decide on your superhero name and make a badge to tape onto your t-shirt (like Superman or Spiderman have)
- Make a shield to defend yourself against baddies.
- Set up a super hero training camp. You need to be able to **run fast** (try sprinting up and down your hallway), **jump high** (try jumping over stacks of cushions), **jump far** (lay cushions in a line and jump across them) and you need to **be strong** (practice weight lifting with a heavy book or bottle of fizzy drink) and **aim at a target** (line up different objects like empty cola bottles or books, ball up some socks and throw them to try and knock down the targets)

Once your training is complete, you can rescue your family or toys from invisible baddies!

#### 2) Different paints

- Make your own puffy paint using shaving foam and food colouring. If you want the paint to stay puffy when it dries, you can add some PVA glue to the mix.
- Water paint on a hot day. Use a brush or sponge and a bowl of water to paint pictures on the floor or wall.
- Mix your own paint with water, and equal parts flour and salt. Add red, yellow and blue food colouring to make the different colours. Think about how you will make green, orange, purple or brown.







# Summer Holidays!




Here are some fun ideas to keep you busy.







As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)




## Week 4






### 1) Camping in your living room!

- Make a tent in your living room, using sheets and blankets.
  - Put some cushions inside so it is comfortable to sit in.
  - Close all the curtains and turn the lights off so it is darker and you can pretend it is night time!
  - Use torches in the tent to read stories, or even tell a scary story!
  - Take teddies or board games into your tent to play.
  - You can have your lunch in your tent and pretend it is a midnight feast!
  - You could even find a Youtube video of the moon and stars on your TV and pretend to be stargazing.
- 
- 
- 
- 



### 2) Make a family tree

- Put your name at the bottom of your page, with your brothers or sisters if you have them.
  - Put your parents' names above, with your Aunties and Uncles.
  - Above that, put your Grandparents' names.
  - Ring members of your family to see how many names you can get on your family tree! You could even ask about their jobs, their hobbies, where they lived and find out more about your family history.
- 
- 
- 

A decorative border of colorful squares surrounds the text. The squares are arranged in a rectangular frame, with colors including orange, green, yellow, blue, red, and brown. Some squares have a faint, repeating pattern of the letters 'B' and 'E'.

## Summer Holidays!

Here are some fun ideas to keep you busy.

As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)

### Week 5

1) Make a soundtrack to a story.

- Make up a simple story, or use a story that you already know.
- Find objects around your house to make the sounds in the story.
- For example, for *Goldilocks and the 3 Bears*, you need a spoon and bowl to clink together when she eats the porridge, a twig to snap when she breaks Baby Bear's chair, some shoes to bang on a table when she is walking upstairs.
- You can even record the sounds on a phone or tablet while someone reads the story out loud.

2) Make a treasure map.

- Hide some treasure in your house. It could be a drawing of a treasure chest or even a bag with real coins inside.
- Make a map showing where the coins are, with X marking the spot.
- Use tea bags to stain the map and make it look old. You could even rip the edges.
- Give your map to someone and see if they can find your treasure.

# Summer Holidays!

Here are some fun ideas to keep you busy.

As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)

## Week 6

### 1) Make a Ten Frame

- You can use masking tape, string, hoops or paper to create a ten frame on the floor
- This is a fun way to do maths, you can use toys or teddies as counters.
- For example, imagine the ten frame is a ship and the captain has 10 pirates on board, 5 pirates have been lazy and they have to walk the plank! How many pirates are left on the ship?
- Make up different number problems, make it interactive and fun

### 2) Mixed Berry Ice Freezies

- This is a great opportunity to recap on what happens to water when it freezes.
- The recipe can be adapted if you want to use different berries
- Place the berries in a blender with the icing sugar and pulse. Add the water and blend until smooth
- 300g of raspberries, 150g of strawberries, 2 tbsp of icing sugar, 200ml of water
- Sieve the mixture into a jug, discarding the pips, then pour into sections of a lolly mould tray or into individual lolly moulds. Add the sticks or lids and freeze overnight until firm
- Run the mould or moulds under hot water to loosen the lollies, then remove from the moulds. Serve immediately



## Summer Holidays!

Here are some fun ideas to keep you busy.

As always, keep practicing your reading (15 minutes per day, plus a bedtime story), writing (1 sentence per day), counting (15 minutes per day) and daily exercise (30 minutes per day)

### Optional extras!

#### 1) Go on a number hunt

- You might want to hide some numbers before you play this game.
- Have a look around your house and look for numbers.
- Make it into a competition, who can find the biggest number, who can find the most numbers in a minute
- Order the numbers from smallest to biggest
- Think of some number problems using the numbers that you have found

#### 2) Create an obstacle course

- You don't have to do this outdoors, you can do this indoors so long as they are safe.
- Jump over cushion, travel under a blanket, throw a ball in the air and catch it, climb over a chair etc.
- **MAKE SURE IT IS SAFE FOR YOUR CHILD** and make it fun.
- Time it to see who is the fastest.