## Dolphin Class Emergency plan Week 1:

## Reading:

- read/ share two books with your child (one favourite and one of your choice - try to make this one interesting e.g. feely, lift-the-flap, rhyming, traditional, with a repeated phrase)
- play a sight word game e.g. matching (word on piece of paper to word in book); hide'n'seek (6 sight words on pieces of paper put up somewhere in the house/room); 'ladders' (6 words in a ladder; say the words top to bottom, bottom to top, random; child points with a chopstick or pencil)

### Writing:

- make letter shapes in sand/flour; fingerpaint or crayon; try sounding out words, e.g. c-a-t, for child to write
- write a sentence about a topic of interest; cut it up into words; ask the child to re-make the sentence and stick down or copy out
- draw a picture and talk/ write about it

#### Maths:

### 1. Number sense:

 use an egg-box or ten-frame with beads, buttons, pasta or small toys to make different numbers; ask how many more to make 6, 10, 12, 15 (depending on size of egg-box)? Fill the box/ ten-frame; ask how many to take away to make...?

# 2. Container play:

 set of different sized/ shaped containers; water, beads/buttons/pasta or sand; pour from one to the other; use 'full, empty, half, nearly, more, less, small/er/est, big/ger/est' whilst playing

#### Other:

- 1. Use YouTube e.g. 'Singing Hands'; 'Mr Tumble'; 'Baby Bum'; 'Let's Dance Kids'; 'Five-a-day'; 'Jack Hartmann'; 'The Learning Station'; 'Patty Shukla' or similar to do an action song or rhyme
- 2. Cook with your child or let them play with the ingredients: rolling; chopping, squashing, shaping, spooning, decorating, mixing/stirring, peeling
- 3. Use empty boxes/ pots/ card and bottles to make things together using scissors; glue or sticky tape
- 4. Do shared attention activities like 'Peek-A-Boo'; 'Row, row, row your boat'; alternate blocks on a construction or tumble tower; rolling, throwing or kicking a ball back and forth
- 5. Let child do their favourite activity and comment on what they are doing; repeat things that they have said with praise and more detail
- 6. Practise the wash your hands song: wet hands; put soap on and sing: 'Wash your hands, wash your hands, front and back, front and back, in between the fingers, in between the fingers, don't forget your thumbs, don't forget your thumbs'; then rinse and dry or try:

https://www.nhs.uk/video/pages/how-to-wash-hands.aspx and https://www.youtube.com/watch?v=59VjeIWLnEg

Have fun together!