

Year 3 Summer Holiday Activities

Choose as many activities from the list to do as you want. These can be completed over a number of days or longer. Email Mrs Johal, Mr Cooper or Mrs Andrews if you have any questions or want to send work. We would love to see your work and what you have been doing!

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<u>WEEK</u>	<u>ACTIVITIES</u>
1	<p>Create and decorate a box or a bag to make a time capsule. You will be adding evidence of your work to this time capsule over the summer break.</p> <p>Activity 1 - sketch or draw something you see in your home or garden. You may want to make more than one sketch or drawing.</p> <p>Draw along with author and illustrator Rob Biddulph. http://www.robbiddulph.com/draw-with-rob</p> <p>Activity 2 - make your own secret den in your house or garden. Plan and design it first on paper. Write a list of all the things you will need. You could use cushions, blankets, pegs, heavy books, sheets, pillows, chairs etc. Have fun and remember to ask an adult about what is safe for you to use. Now have a picnic with your family or sing some songs or read a story. If you have access to the internet watch the below video for ideas about how to make a den indoors or outdoors. https://www.youtube.com/watch?v=4HPnf15i-Ls</p> <div data-bbox="443 959 853 1235"></div> <div data-bbox="952 954 1384 1219"></div> <p>Activity 3 - Choose a Joe Wicks exercise or make a silly dance.</p> <p>Add a picture of your den to your time capsule.</p>

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Activity 1 - Create a garden scene picture. Collect natural materials from outdoors and your garden such as leaves, conifers, flower heads, grass or little stones.

Press flowers, stick down mini blades of grass, and maybe draw your family in the scene too! Finally decorate your garden scene with glitter or gems.

Activity 2 - Handwriting Practise

Choose 1 or two pages from a reading book and copy in your best handwriting.

Activity 3 - Make an indoor or outdoor obstacle course or play the floor is lava. Move around without touching the floor.

The floor is lava instructions:

Players pretend that the floor or ground is made of lava and must avoid touching the ground. The players stay off the floor by standing on furniture or cushions placed on the floor. The game can be played with a group or alone. There may even be a goal, to which the players must race. Players can also set up obstacles such as nice padded chairs to make the game more challenging.

Obstacle course Ideas



Stepping stones, balancing, moving under, over, through, skipping.



Take a photo of one your activities and add them to your time capsule.

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Activity 1 - paper Mache (THIS IS A MESSY ACTIVITY)

All you need is:

- An old paper, comic books or magazines
- 1 level mug of plain flour
- 1 level mug of warm water, plus extra tap water for loosening
- Something to paper mache, for example, a balloon

1. Tear or cut strips or squares from the newspaper, comic book or magazine.
2. Stir together the flour and warm water in a large mixing bowl until it's well combined. Add extra tap water a little at a time to loosen. You need a smooth, batter-like paste with no lumps in it. You can sift the flour first for a super smooth finish.

EXAMPLE



3. Cover your work area in more old newspaper so it doesn't get too messy. Then, dip the paper strips into the paste, wipe off the excess and stick it onto your project. Use a paintbrush to smooth down the paper and remove any air bubbles or excess paste.
4. Repeat this to cover your item, and leave it to dry before you add further layers. Layer up until you're satisfied, and then leave it to dry.
5. Finally decorate and paint your item.

Activity 2 - Acrostic poem

Write an acrostic poem about lockdown. E.g.

- L
- O
- C
- K
- D
- O
- W
- N



Activity 3 - sports competition e.g. How many of the following you can do in 30 seconds:
 Star jumps, burpees, sit ups, lunges, bouncing a ball, tuck jumps, skipping, juggling, squats

Add evidence of at least one of these activities to your time capsule.

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Activity 1 - soap carving

You will need:

- cheap bars of white soap
- Scrapers/peelers - you can use household objects such as teaspoons, potato peelers, scissors, and other similar objects

If you have access to the internet you can watch the following video which shows you how to of soap.

<https://www.tate.org.uk/kids/make/sculpture/soap-carving>

Activity 2 - Times Table Practise

Practise your 3 times table. How many can you get right in one minute?
 Repeat for your 4, 8, 2, 5 and 10 times table too.

Activity 3 - crab balancing



-Some
 -A pencil
 paperclips
 carve a bar

Walk like a crab and see how long you can balance an object (book, soft toy, packet of crisps, apple) on your tummy.

Watch a demonstration:

<https://www.youtube.com/watch?v=5sollXtuNVg>

Add evidence of at least one of these activities to your time capsule.



on your

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Activity 1 - Cooking

The humble lemon drizzle is one of Britain's classic bakes. Have a go at making this with an adult or any **other recipe of your choice**.

The following websites have lots of recipes that you can try out:

Change for life - <https://www.nhs.uk/change4life/recipes>

Tasty - <https://tasty.co/?canonicalUrl=https%3A%2F%2Ftasty.co> (your parent can download the tasty app on their smart phone)

Lemon drizzle cake recipe:

- 250g self-raising flour
- 250g margarine
- 250g caster sugar
- 4 large eggs
- 2 tsp baking powder
- 1 lemon
- 2 tsp lemon extract

Method:

Preheat the oven to 180C / 350F / Gas Mark 4. Cream butter and sugar together in a large bowl. Grate rind of a lemon and squeeze the juice, and then put both into the bowl. Sift in flour and add all other ingredients.

Bake for 30 minutes (or until skewer prod comes out clean. Once cooled, spike sponge with a fork and drizzle over lemon icing simply made with powdered icing sugar and a couple of tablespoons of lemon juice so it soaks in and covers the top.

Take a photo or draw a picture of your dish and write a review of what you made. What went well? What would you change? How many stars, would you give your dish? Was it tasty? How would you improve it next time?

Activity 2 - Name Scavenger hunt

Find objects in your house for each letter in a family member's name. E.g. if your name is **Joe**, you may collect a jumper, orange and an envelope

- Who can do this the fastest? Make a game of this and see who can get the most points for being first!

Jumper

Orange

Envelope

Activity 3 – create a summer themed wordsearch. You could do this online or on paper. A template that you could use is attached at the bottom.

<http://puzzlemaker.discoveryeducation.com/WordSearchSetupForm.asp>

Add evidence of at least one of these activities to your time capsule.

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Activity 1 - Monster Book Mark

<https://iheartcraftythings.com/wp-content/uploads/2019/09/monster-bookmark-template-final.pdf>

You will need:

cardstock paper, googly eyes, felt pens, glue, hole punch, pencils, scissors

Once you have made your book mark, read a book and write a book review of the book that read. You may want to read a book on oxford owl or purple mash.

Reading challenge - Make a record of how many books you can read in the holidays. Write a of each book.

Activity 2 - Exercise

You can choose any activity of your choice. Choose from the following or choose one of your

Mr Story's challenges

Joe Wick's exercise

Play a game in the garden

Yoga -sit on a cushion with your legs crossed and try some breathing exercises. Breathe in for four beats, breathe out for four beats.

Walking

Ride your bike or scooter

Practise your catching or football skills

Skipping

Just Dance

Activity 3 - write a letter

Write a letter to your new teacher about what you have been doing in the holidays.

Activity 4 - Play roll a coin

Roll a coin down a book. Whose coin can go the furthest?



Coloured

you have

short review

own:

