Weekly Timetable Year 4

Day	9:00-10:00	10:00 - 10:30	10:30- 11:00	11:00-12:00	12:00- 12:30	12:30- 12:50	12:50- 1:10	1:10- 1:30	1:30-2:15pm	2:15-3:00
Monday	ENGLISH LESSON ONLINE	Complete task set in lesson	Break \ exercise	SCIENCE LESSON ONLINE	Lunch	Complete science task set in lesson	Reading	Break \exercise	MATHS LESSON ONLINE	Complete task set in lesson then activity of your choice
Tuesday	MATHS LESSON ONLINE	Complete task set in lesson		ENGLISH LESSON ONLINE		Complete English tasks set in lesson	Reading		TOPIC LESSON ONLINE	Complete task set in lesson then activity of your choice
Wednesday	TOPIC LESSON ONLINE	Complete task set in lesson		Activity of your choice		Reading	Off Screen Bingo afternoon - no online session from teacher. All activities are non-screen time. Physical activity as a family			
Thursday	MATHS LESSON ONLINE	Complete task set in lesson		MUSIC / PHSE ONLINE		Complete tasks set in lesson	Reading	Break \exercise	ENGLISH LESSON ONLINE	Complete task set in lesson then activity of your choice
Friday	ENGLISH LESSON ONLINE	Complete task set in lesson		MATHS LESSON ONLINE		Complete maths task set in lesson	Reading		CLASS SHARING AND REWARDS ASSEMBLY. ONLINE	Activity of your choice

English activities you can do.

Practise your handwriting.

Practice spellings

Write sentences using your spelling words

Write your own stories.

Write a lockdown diary.

Write a review of a book or TV show.

Complete any spelling activities set by your teacher

For extra activities you can also use

Doodle English Doodle Spell Accelerated Reader

Handwriting

Practise the joins you have done in class.

Flick through a book and write out some random words using joining.

Practise your signature / autograph, this could be important one day!

Practise writing your full name and address.

Write the days of the week in your best handwriting.

Write some of the spellings you have been learning this week.

Write a letter to a friend

Repeat every week to develop good letter formation.

Complete any activities set by the teacher.

Number work you can do

Learn all of your times tables Learn all of the division facts that go with your times tables

Use number cards, dice or choose your own numbers to make some addition and subtraction calculations. Go for HTU + HTU or HTU - HTU

Try adding multiples of 10, 100 or 1000 together, (e.g. 30 + 40, 400 + 500) - what do you notice?

Practise using your written methods for multiplication and division.

Look for some visual patterns, use a 100 square and colour in different times tables.

Is there a pattern to the numbers in each times table, what do the numbers all end in? Can you use this pattern to predict whether is a number is in a certain times table?

Can you work out the factors of every number up to 20?

For extra activities you can also use

My Maths TT Rockstars

Exercise activities.

Play in the garden Skipping Star jumps

Hopping Jumping

Balancing activities

Throwing and catching skills

Football skills - in a safe space

See PE links for more ideas

Creative Activities - stay off screens!

Lego

Junk Modelling

Drawing

Painting

Make a marble run

 ${\bf Mindfulness\ colouring}$

Design vehicles, clothes, buildings etc