











Please Note Option Two E Line Is Our Ha Menu		alal	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
	WEEK I*	202 202	1: 23rd August, 13th 2: 3rd January, 24th	September, 4th October, 2 January, 14th February, 7tl	5th October, 15th Novembe h March, 28th March, 18th	r, 6th December, April, 9th May, 30th May, 2	20th June, 11th July.				
	OPTION ONE	Lamb Chilli		Toad in the Hole with Gravy	Roast Loin of Pork & Apple Sauce with Gravy	Margarita Pizza	Fish Fingers or Salmon Fingers				
	OPTION TWO	Lamb Chilli		Toad in the Hole with Gravy	Roast Chicken with Gravy	Margarita Pizza	Fish Fingers				
	OPTION THREE	Homemade Vegetable Pasty		Vegetable Sausage Toad in the Hole with Gravy	Uneese & Baked Bean Suce		Quorn Dippers				
	OPTION FOUR	Jacket Potato with Baked Beans		Tuna Crunch Wrap	Vegetarian Chilli	Humous Crunchy Salad Wrap	Jacket potato with VegetableBolognaise				
	CARBS	Fluffy Rice Parsley Potatoes		Roast Potatoes ¹ / ₂ Jacket Potato		½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes				
	VEGETABLES	Roasted Vegetables Sweetcorn		Peas Carrots Cauliflower Broccoli		Sweetcorn Green Beans	Baked Beans Peas				
	SALAD BAR	Salad Bar Selection									
	BREADS				Assorted Breads	reads					
	FRUIT	Fresh Fruit Platter/Yoghurt									
	DESSERTS		arb & Custard Cake berry Whip	Apple Berry Fool Shortbread Biscuit	Oatie Fruit Crunch & Custard Cheese & Biscuits	Dutch Apple Cake Iced Bun	Vanilla Ice Cream Flapjack				
	WEEK 2*	 * 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December, 2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July. 									
	OPTION ONE	Minced Lamb Casserole with Dumplings		Roast Chicken & Stuffing withGravy	Sausages and Onion Gravy	Macaroni Cheese	Battered Fish				
	OPTION TWO	Minced Lamb Casserole with Dumplings		Roast Chicken & Stuffing with Gravy	Chicken Sausage and OnionGravy	Macaroni Cheese	Battered Fish				
	OPTION THREE	Vegetable Casserole withDumplings		Roast Quorn Fillet & Stuffingwith Gravy	Vegetable Sausage in OnionGravy	Roasted Pepper Pizza	Quorn Dippers				
	OPTION FOUR	BBQ I	Bean Wrap	Jacket Potato with Cheese	Pepper Frittata	Tuna Mayonnaise in a Pitta with Crunchy salad	Roasted Chickpea Wrap				
	CARBS	Roast Potatoes Potatoes in Skins		Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes Pasta in a Homemade Tomato Sauce	Garlic Bread Potatoes in Skins	Chips Fluffy Rice				
(VEGETABLES	Green Beans Carrots		Peas Cauliflower Cheese	Medley of Roasted Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn				
	SALAD BAR	Salad Bar Selection									
	BREADS	Assorted Breads									
	FRUIT	Fresh Fruit Platter/Yoghurt									
	DESSERTS		na Cake Cheesecake	Chocolate Sponge & Chocolate Sauce Butterscotch Whip	Lemon Drizzle Cake Oat Cookie	Orange Jelly with Mandarins Cherry Shortbread	Strawberry Ice CreamCrispy Cake				

2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December, 2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July. **WEEK 3***

Sogurt	OPTION ONE	Organic Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	Roast Chicken & Yorkshirepudding with Gravy	Chicken & Vegetable Pie	Fish Fingers or Salmon Fingers	
	OPTION TWO	Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	Roast Chicken & Yorkshire pudding with Gravy	Chicken & Vegetable Pie	Fish Fingers	
	OPTION THREE	Carrot Bites in a HomemadeTomato Sauce	Margarita Pizza	Mixed Bean Tagine	Creamy Vegetable Pie	Vegetable Fingers	
OUR MENUS MEET ALL THE GOVERNMENT FOOD	OPTION FOUR	Vegetable Bean & SweetcornCroquette	Tandoori Salmon Wrap	Stuffed Potato Boat with Cheese & Peppers	Spinach and Chickpea Masala served in a Pitta Bread	Frittata Muffin	
BASED STANDARDS.	CARBS	⅓ Jacket Potato Fluffv Rice	Pasta Shells Parslev Potatoes	Roast Potatoes Roasted Vegetable Cous Cous	Creamy Mashed Potatoes ½ Jacket Potato	Chips Pasta Shapes with a Homemade Sauce	
	VEGETABLES	Carrot Rounds Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked BeansMinted Peas	
FOOD	SALAD BAR	Salad Bar Selection					
FOR SERVED	BREADS	Assorted Breads					
Soil Association	FRUIT	Fresh Fruit Platter/Yoghurt					
*Please follow the dates to find out which menu your school is on each week	DESSERTS	Peach & Raspberry Crumble & Custard Chocolate & Sweet Potato Brownie	Banana Cupcake Fresh Fruit salad	Rice Pudding Orange Drizzle Cake	Apple Sponge & Custard Chocolate Crunch Cookie	Vanilla Ice Cream Cherry Shortbread	