

 LTS Catering Services

Menu

Award winning nutritious
school food lunches tailored to
meet the needs of all of our
Primary School pupils



EAT 
WELL TO
EXCEL

 LTS Catering Services

For more information please visit our website
and search for LTS Catering:
www.leicestershiretradedservices.org.uk



Week 1

2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec

2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Chicken & Vegetable Pie	Roast Loin of Pork & Apple Sauce	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
Option 2	Vegetable Supreme Pizza (V)	Spiced Bean Tagine (V)	Roast Quorn Fillet Stuffing and Gravy (V)	Cheese Flan (V)	Quorn Dippers (V)
Option 3	Jacket Potato with Baked Beans	Sweet Chilli Pasta	Cheese & Potato Cake with a Homemade Spicy Tomato Sauce	Falafel with Crunchy Cabbage in a Pitta	Jacket Potato with Cheese & Coleslaw
Option 4 Halal	Margarita Pizza	Halal Chicken & Vegetable Pie	Roast Chicken & Gravy	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
CARBS	Pasta in Tomato Sauce Savoury Rice	Parsley Potatoes Jewelled Cous Cous	Potato & Carrot Mash ½ Jacket	Herb Jacket Wedges Fluffy Rice	Chips Minted Potatoes
VEGETABLES	Appleslaw Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Strawberry	Pear & Chocolate Sponge	Manchester Slice	Apple Betty Layer	Vanilla Ice Cream



Week 2

2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec

2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul

Monday

Tuesday

Wednesday

Thursday

Friday

Option 1

Margarita Pizza

Farm Assured Pork
Sausages in Gravy

Roast Chicken Stuffing &
Gravy

BBQ Chicken
Wrap

Battered Fish

Option 2

Chinese Vegetable Stir Fry
(V)

Vegetable Sausage with Gravy
(V)

Vegetarian Bolognese (V)

Quorn & Vegetable
Paella (V)

Vegetable Fingers (V)

Option 3

Red Pepper Frittata

Jacket Potato with Cheese &
Baked Beans

Sweet Potato & Pea Risotto

Jacket Potato with
Vegetable Chilli

BBQ Bean Wrap

Option 4
Halal

Margarita Pizza

Chicken Sausages in Gravy

Roast Chicken
Stuffing & Gravy

BBQ Chicken
Wrap

Battered Fish

CARBS

Fluffy Rice
Herb Jacket Wedges

Mashed Potatoes

Parsley Potatoes
Pasta

Garlic Bread
Potatoes in Skins

Chips
½ Jacket Potato

VEGETABLES

Medley of Seasonal Vegetables
Carrots

Sweetcorn
Peas

Green Beans
Roasted Medley of
Seasonal Vegetables

Carrots
Broccoli

Baked Beans
Peas

SALAD BAR

Mixed Salad Selection

BREADS

Assorted Breads

FRUIT

Fresh Fruit Platter/Yoghurt

DESSERTS

Banana Cake

Carrot Cake Muffin

Chocolate Mousse

Orange Jelly with Mandarins

Strawberry Ice Cream

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Week 3

2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec

2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul



Monday

Tuesday

Wednesday

Thursday

Friday

Option 1

Chicken Curry

Turkey Lasagne

Roast Chicken & Apricot Stuffing

Garlic Mushroom & Sweetcorn Pizza

Fish Fingers or Salmon Fish Fingers

Option 2

Vegetable Jambalaya (V)

Vegetable Lasagne (V)

Vegetable Cottage Pie (V)

Sweetcorn Pizza (V)

Vegetable Nuggets (V)

Option 3

Jacket Potato with Chicken Mayonnaise

Butter Bean & Spinach Wrap

Bubble & Squeak with Chickpeas

Jacket Potato with Baked Beans & Coleslaw

Homemade Bean Burger

Option 4
Halal

Halal Chicken Curry

Halal Lamb Lasagne

Halal Roast Chicken & Apricot Stuffing

Garlic Mushroom & Sweetcorn Pizza

Fish Fingers or Salmon Fingers

CARBS

Pasta
Fluffy Rice

Garlic Bread
Parsley Potatoes

Roast Potatoes
Swede & Potato Mash

Jewelled Cous Cous
½ Jacket Potato

Chips
Fluffy Rice

VEGETABLES

Green Beans
Cabbage

Broccoli
Sweetcorn

Carrots
Cauliflower

Medley of Vegetables
Green Beans

Baked Beans
Peas

SALAD BAR

Mixed Salad Selection

BREADS

Assorted Breads

FRUIT

Fresh Fruit Platter/Yoghurt

DESSERTS

Apple Sponge & Custard

Cornflake

Peach Melba Traybake

Seasonal Fruit Crumble & Custard

Chocolate Ice Cream



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